

# 2013 FALL CHAMPIONSHIPS

# SOO BAHK DO

# SATURDAY, DEC 7<sup>TH</sup>

## ST. CLOUD STATE UNIVERSITY HALENBECK HALL MAIN GYM

(see map on back)

### AWARDS

- 🏆 1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup> place winners will receive awards
- 🏆 All children will receive a Competitor Award

### ENTRY FEE - NO REFUNDS

- \$50—1-5 events (Registered by Nov 15<sup>th</sup>)
- \$65—1-5 events (Registered after Nov 15<sup>th</sup>)
- Family Special: any 3 family members/same household:
- \$110 (Registered by Nov 15<sup>th</sup>)
- \$140 (Registered after Nov 15<sup>th</sup>)

### SPECTATORS FEE

- \$6 - 16 and older
- \$3 - under 16

### SPECIAL NOTE:

All contestants will be required to wear foam type protective fighting equipment and proper mouth guards. This mandatory rule applies to all fighting divisions. Protective fighting pads WILL NOT be provided; competitors **must** supply their own.

**INFORMATION:** Bill Nelson — Tournament Director, (320) 980-1179

### SCHEDULE OF EVENTS

- 9:00 a.m. Registration Opens
- 9:30 a.m. Black Belt Meeting
- 10:00 a.m. Opening Ceremony—Bow In  
Black Belt Form
- 11:00 a.m. Children & Adult Form & Fighting  
Team Form  
Black Belt Fighting

⇒ There will be no weight separations in free-fighting divisions.

⇒ Children's Divisions will be:  
Ages 4-6—White/Orange/Green/Red  
Ages 7-9—White/Orange/Green/Red  
Ages 10-12—White/Orange/Green/Red  
Ages 13-15—White/Orange/Green/Red  
*Size and time in Soo Bahk Do may be considered*

⇒ Men's & Women's Form Division will be combined.

⇒ Divisions: Age and size will both be a consideration in determining what division a child or junior can enter. The ages listed are only a general guideline.

### PRE-REGISTRATION FORM

Save \$15 by pre-registering!

NAME (print) \_\_\_\_\_ AGE \_\_\_\_\_ SEX \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

HOME ADDRESS \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_

SOO BAHK DO SCHOOL OR CLUB NAME \_\_\_\_\_ MY RANK \_\_\_\_\_

INSTRUCTOR'S NAME \_\_\_\_\_

I WILL COMPETE IN: ☐ FORM ☐ FIGHTING ☐ TEAM FORM ☐ ESSAY (KIDS ONLY) ☐ ARTISTIC DRAWING (KIDS ONLY)

I, the undersigned, do hereby apply for participation in the Soo Bahk Do KARATE CHAMPIONSHIPS. I do hereby assume any and all losses, damages, and/or injuries I may sustain or incur, if any, while attending and participating. I hereby waive any and all claims against the officials, host, promoters, operators, sponsors and fellow participants of this tournament, individually, or jointly, for any losses, damages and/or injuries. I also agree that any and all photographs taken by the officials of the tournament action are the sole property of the tournament officials, to be used as they wish.

If the undersigned is under 18 years of age, this release must be signed by a parent or guardian.

Contestant's Signature \_\_\_\_\_

Parent or Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_

1-3 events \$50 if postmarked by 11/15/13 • 1-3 events \$65 if postmarked after 11/15/13 • Family Special \$110 if postmarked by 11/15/13, \$140 after 11/15/13  
Make checks payable to Bill Nelson and mail to: Bill Nelson, 223 7th Ave. S., St. Cloud, MN 56301

### T-SHIRT ORDER — Regular price \$16

☐ I would like to receive my T-shirt **Free** by selling at least 15 Fundraiser items.

☐ I would like to receive **\$3 off** my T-shirt by ordering in advance.

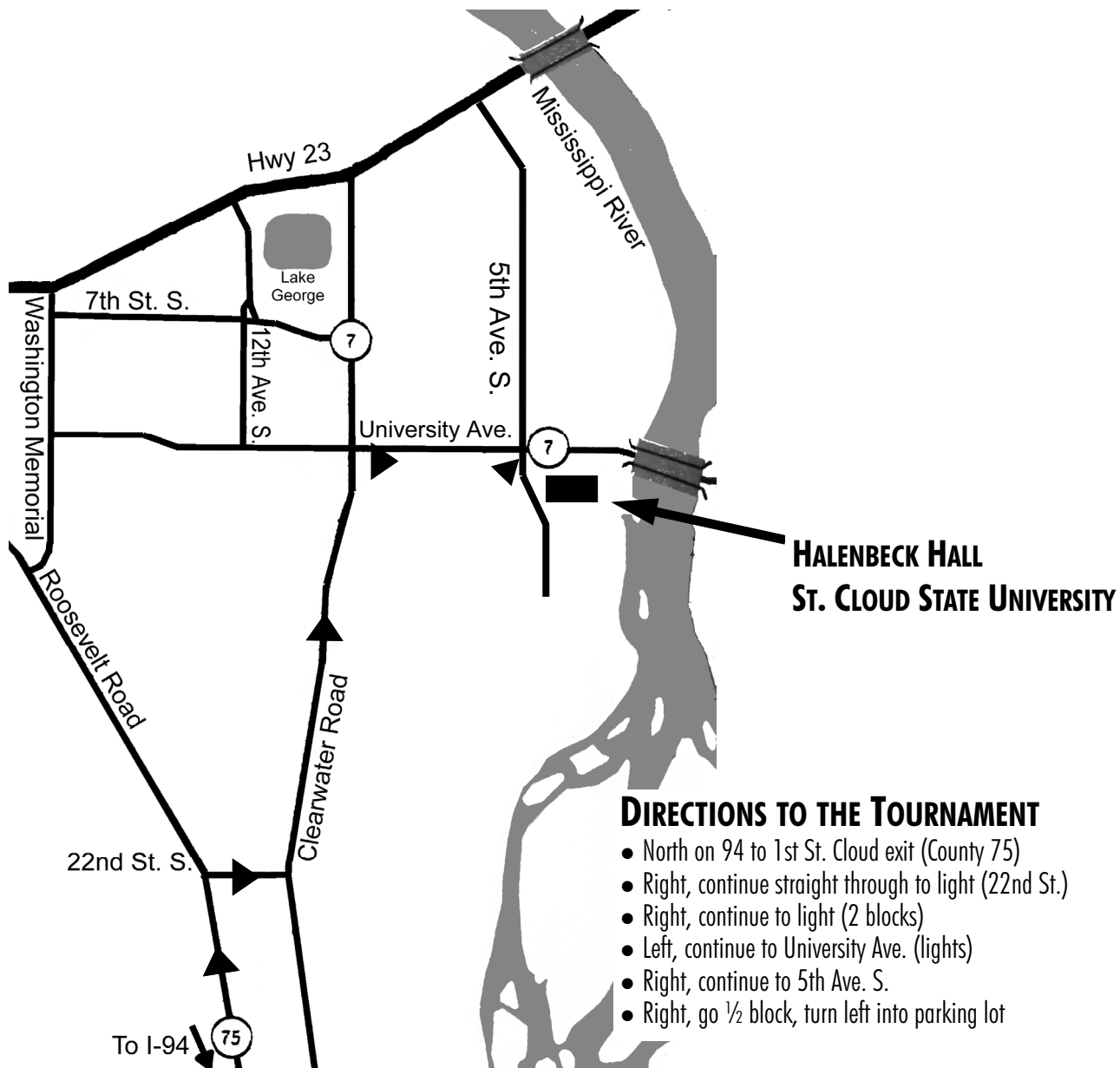
(Please include T-shirt payment along with this form.)

Name \_\_\_\_\_

Instructor's Name \_\_\_\_\_

Indicate the number of each size you would like to order...

Size	Child MED	Adult SM	Adult MED	Adult LG	Adult X-LG	TOTAL COST
T-shirts						\$
<b>\$13 each</b>						

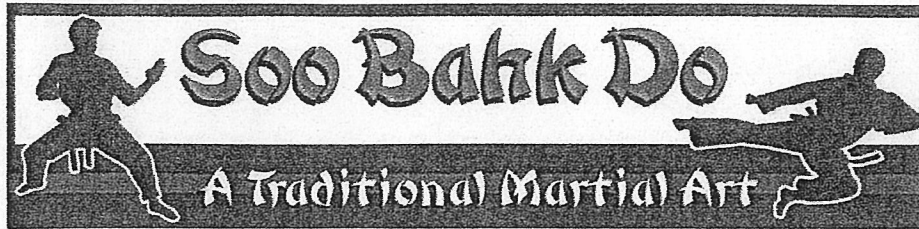


*St. Cloud*  
SOO BAHK DO  
**KARATE**

223 7TH AVENUE SOUTH  
ST. CLOUD, MN 56301



**SATURDAY, DEC 7<sup>TH</sup>, 2013**



**Bill Nelson • 7th Degree Black Belt**

223 - 7th Avenue South • Saint Cloud, Minnesota • 56301 • 320-251-8726

## **Soo Bahk Do Regional Tournament**

### **\*\*New Kid's Divisions\*\***

Dear Soo Bahk Do Students and parents of students,

I am pleased to announce the following new kids divisions for the upcoming Region 7 Tournament to be held in St. Cloud on December 7<sup>th</sup>, 2013.

#### **New Division #1      Essay Competition**

Competitors can submit a one page (8 ½ X 11) typed essay for judging on the topic of "How does my Soo Bahk Do training effect me outside the training hall."

All submissions must be accompanied by a 3 X 5 note card with the following information on it:

Author's Name

Address

Phone Number

Age

Rank

Instructor's Name

Submissions must be mailed to:

Sa Bom Nim Bill Nelson

223 7<sup>th</sup> Avenue South

St. Cloud, MN 56301

Submission must be postmarked no later than November 25, 2013. No late entries, no exceptions.

This division is open to any registered competitor for the Regional Tournament. Competitors can register for one of the following divisions:

#### **White and Orange Belt (Combined)**

4 - 6 yr old      7-9 yr old      10-12 yr old      13-15 yr old

#### **Green and Red Belt (combined)**

4-6 yr old      7-9 yr old      10-12 yr old      13-15 yr old

#### **Black Belts**

10-12 yr old      13-15 yr old

OVER

## **New Division #2      Artistic Competition**

Competitors can submit one artistic drawing ( 8 ½ X 11) for judging on the topic of "Soo Bahk Do." This drawing must have a Moo Do theme.

All submissions must be accompanied by a 3 X 5 note card with the following information on it:

Author's Name

Address

Phone Number

Age

Rank

Instructor's Name

Submissions must be mailed to:

Sa Bom Nim bill nelson

223 7<sup>th</sup> Avenue South

St. Cloud, MN 56301

Submission must be postmarked no later than November 25, 2013. No late entries, no exceptions.

This division is open to any registered competitor for the regional tournament. Competitors can register for one of the following divisions:

### **White and Orange Belt (Combined)**

4 – 6 yr old      7-9 yr old      10-12 yr old      13-15 yr old

### **Green and Red Belt (combined)**

4-6 yr old      7-9 yr old      10-12 yr old      13-15 yr old

### **Black Belts**

10-12 yr old      13-15 yr old

**\*\*All submissions will be judged by L. Seiberlich Sa Bom Nim \*\***

**\*\*All decisions final.**

**\*\*Ribbons will be awarded in all divisions.**

**\*\*Winners will be displayed at the tournament.**